

CERTIFICATE OF PARTICIPATION

This is to certify that

Nico Knop

Has successfully participated & completed the

13km Shift Wellness - Trail Run, The Shift Series

held at Walter Sisulu Garden.

TIME 01:31:46

PACE 07:03/km

OVERALL 17 of 149

GENDER 13 of 79

40 - 49 2 of 25

23 June 2019, Sun

Date



BoutTime

Signature

